

## Upcoming Events

Fun Fest – August 4th  
School Starts (Littleton Public School) –  
Friday, August 14th  
Labor Day – Monday, September 7th

### First Day of School: August 14

*“At the end of the day, a loving family should find everything forgivable.”*

—Mark V. Olsen

## Fun Fest is August 4th

*Dale Rottschafer, Treasurer and Editor*

In conjunction with National Night Out, this year's SGCA Fun Fest at Clarkson Park will be on Tuesday, August 4th. We have had fantastic turnout the past couple of years. With Whole Food supplying the eats and a live band supplying the beats, this year's festivities should be the best yet! We are so thrilled with the way this community is coming together, and that people want to bring guests to our events to showcase our neighborhood. We do need to make sure that we have ample funds to cover expenses incurred for this annual event, in addition to being able to finance all of the other community activities brought to you by the SGCA. As such, while everyone is welcome to come out and enjoy all of the activities and the company of our residents and guests at Fun Fest, for those wanting to enjoy a meal we will be verifying/collecting SGCA dues (\$15/annual), and collecting \$5 per guest. It's a small price to pay to invest in our neighborhood. We look forward to seeing you there!

**Southglenn Civic Association HOA Meeting**

**Wed., August 19th, 7 p.m.  
at St. Timothy's Church**

## Linda's Tid Bit's

*Linda Nixon, Chair*

We are having such a wonderful summer so far. This summer has been a great season so far for all our plants and grass. We thank all of you that have participated in this year's events. We have our biggest event coming up yet. We have gone all out this year to unite our neighborhood! This is THE party of the summer and you do not want to miss it! We have made it fun for all Ages 0-99! We have a busy Tuesday August 4th the FUN FEST NIGHT OUT AT CLARKSON PARK 5-8:45. Come out early, but the music, games and food start at 5:30 p.m.

We will be having booths and games for all ages. We have great food sponsored by Whole Foods, Chick-fil-a, Noodles and Company, The Corner Bakery, a live band as well as a Ukelele performance, a cakewalk, hula hoop contest, three legged race, Dairy Queen, bouncy house, face painter, Incredible Edibles, Boy Scouts' Derby Cars, and much more! Raffles for dues paying members will be

held every 30 minutes (must be present to win). We will also have the South Metro Fire truck and rescue and our Arapahoe Sheriff's Department and some special stuff they have on display like the bomb squad and possibly the swat team van - very cool! If you've been thinking about joining in, the Senior Group will also be there!

This is a great way to meet your neighborhood folks. We have a fun filled 3 hrs of fun for All Ages! Hope to see you there!

We still need volunteers so give me a call for Fun Fest and newsletter delivery 303-795-8083.



## Fiber Initiative Phase II

*City of Centennial*

In 2013, Centennial voters approved a ballot question allowing the City the opportunity to partner with private providers to make use of the City's existing fiber optic infrastructure. The ballot question was approved by an overwhelming majority of 76 percent. As a result of the passing of this ballot question, the City is exploring opportunities related to its fiber optic infrastructure. This may increase competition by providing opportunities to a greater number of service providers to partner with the City in using the City's fiber optic infrastructure to deliver services to residents and businesses. Such competition may decrease costs of services to residents and businesses.

Phase I of the Fiber Initiative was completed earlier this year and included an analysis of broadband service in the City, meetings with key stakeholders, and a full inventory of fiber-optic and conduit infrastructure. The Phase 1 report concluded that to move forward with any of the recommended approaches, further development of the City's fiber optic backbone is required before any next steps can be explored.

The City has contracted with Magellan Advisors to initiate Phase II of this Initiative. Magellan will design a fiber optic backbone, develop a preliminary cost proposal and draft initial strategic goals for review by City Council. Magellan has significant experience in the municipal fiber business, having worked with more than 200 cities, including Hamilton, Ohio; Riverside, California; Davenport, Iowa; Baltimore, Maryland; Fort Lauderdale, Florida, among others.

**SOUTHGLENN CIVIC ASSOCIATION, INC.**

**\$15 Annual Dues for Jan. 1 – Dec. 31, 2015**

To join and/or support the SGCA, the annual dues are \$15.00

Name(s): \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

YES! I am willing to volunteer with SGCA. Call me with options.

I would like to receive the Reporter electronically

Number of years living in Southglenn: \_\_\_\_\_

YES, please list my teen's name in the Southglenn Reporter Teen Service Directory.

Here is the information (please check all that apply):

First Name & Last Initial:	Baby Sitting	CPR Certified	Pet Sitting	Lawn Care	Snow Removal
_____	<input type="checkbox"/>				

Phone: \_\_\_\_\_ Age: \_\_\_\_\_

First Name & Last Initial:

_____	<input type="checkbox"/>				
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Phone: \_\_\_\_\_ Age: \_\_\_\_\_

Make checks payable to Southglenn Civic Association (*your cancelled check will be your receipt*). Send this form and your check to:

**Southglenn Civic Association, PO Box 2024, Centennial, CO 80161.**

Please attach your ideas, comments and questions on a separate sheet.

**Thank you for your involvement and support!**

**Southglenn Civic Association**

PO Box 2024, Centennial, CO 80161-2024

**OFFICERS:**

**Chairperson:** Linda Nixon, 303-795-8083, landsnixon@msn.com

**Vice-Chairperson:** Susie Elmer, 720-629-4179, susieohle@yahoo.com

**Secretary:** Dora Cash, 303-794-8851, jim\_dora\_cash@yahoo.com

**Treasurer:** Dale Rottschafer, 303-761-4539, dalelrottschafer@hotmail.com

**Historian:** Sue Seitz, 303-798-1487, sseitz@du.edu

**COMMITTEES:**

**CenCON:** Theadus Duke, Dorothy Mauro

**Membership:** Linda Nixon

**Newsletter Editors:** Dale Rottschafer

**BOARD MEMBERS:**

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The *Southglenn Reporter* is published monthly by the Southglenn Civic Association. However, they skip the January issue.

**News Articles**

The deadline for news articles is the 15th of the month before the next month's issue. Please email news articles to **SGCivicAssoc@gmail.com**. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

**Advertising**

The deadline for advertisements is the 15th of the month for the next month's issue.

To place an ad, call **Colorado Lasertype, 303-979-7499**.

Email: **getinfo@coloradolasertype.com**

To find ad rates and discounts, go to **www.**

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and click on the "Advertising Rates" link.

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**Drennen's Dreams Update**

*Bill O'Melia*

Since May of 2014, the Drennen's Dreams Foundation has shared their Lifeguarding Presentation with over 1,500 lifeguards and aquatics professionals throughout the state of Colorado. In July we ventured out of Colorado for the first time. We headed north of the border to share our story with the lifeguards of Cheyenne, WY. Thank you Cheyenne for inviting us up, Wyoming is the place of Drennen's birth and has always been near and dear to our hearts. If you would like more information please visit our website at: [drennensdreams.org](http://drennensdreams.org)

**Music at Streets of Southglenn**

The music continues at the Streets of Southglenn as the summer concert season is in full swing. The free concert series fills the air with music at Commons Park. Shows run from 6:30 p.m.– 8 p.m. until August 26th. Remember to bring a chair or go all out and pack a blanket and picnic to enjoy along with tunes.

The following bands will be performing at the Streets of Southglenn in August:

August 12th – That Eighties Band (80's)

August 26th – Hazel Miller (Blues/Jazz/Pop)

**Victim Assistance Cell Phone Bank Program**

*Arapahoe County Sheriff's Office*

Since 2010, the Arapahoe County Sheriff's Office Victim Assistance Program has partnered with the 911 Cell Phone Bank in collecting used cell phones which are then reformatted and provided to victims of crime who are in need of emergency communications.

The 911 Cell Phone Bank was created to provide an ongoing and readily available source of 911 cell phones to meet unexpected and urgent needs of participating law enforcement and affiliated victim service agencies.

If you have a used cell phone you'd like to donate please drop it off at the Arapahoe County Sheriff's Office headquarters building located at 13101 East Broncos Parkway, Centennial, CO 80112, or logon to <http://www.911cellphonebank.org/> for more information.

For further information contact Victim Assistance Coordinator Kathleen Beebe at 720- 874-4190.

## Zoo Curator and Tour Organizer

Bill Turner

I have lived in the Southglenn community since 1990. I moved to Denver from Los Angeles in 1977 to assume the first paid education position at the Denver Zoo after a varied 7 1/2 year career at the Los Angeles Zoo. As a youngster, I maintained a reptile collection and studied reptiles extensively. Many people have a vision of their dream job and mine in high school was to own my own snake farm. In essence, this dream became a reality when I was hired as reptile curator at the new, developing Los Angeles Zoo where I quickly set about expanding the old zoo's token reptile collection to fill the large reptile exhibit in the new facility. Purchases from reptile dealers in the U.S. and exporters from around the world followed - it was like Christmas!

Advancement into administration led me away from my interests and to the Denver Zoo where I worked for 21 1/2 years, most of those as head of the education department. While at the zoo, I started taking docents regularly on wildlife trips to Australia, a country I have a great affection for. After I retired in 1999, I formed my own nature tour company and I've expanded my destinations from Australia to include Belize, Costa Rica and Brazil and occasionally, other countries. My education efforts have shifted from captive animals to animals living in the wild.

It is gratifying to me to use my contacts and knowledge of natural history to provide my tour participants with memorable wildlife experiences. Viewing a tree full of colorful, endangered Gouldian finches at an outback waterhole, a koala with a baby peering down from a eucalyptus tree, a mob of kangaroos hopping off in the twilight in Australia. A mother jaguar with her two cubs

on a sandbar in the Cuiaba River in Brazil's Pantanal (yes, this is a place where realistically, there are excellent chances to see this cat as I did in this scenario on last year's tour) and the magnificent gaudy resplendent quetzal, arguably the most attractive bird in the American tropics, in the Costa Rican cloud forest - all of these experiences and more provide lifetime memories.

On all of my tours, throughout the trip, I have excellent local naturalists who are knowledgeable of the fauna, flora, and culture. Groups are small with no more than ten to twelve participants, sometimes fewer. The lodges where we stay are in prime habitats and you start seeing wildlife right outside your door. Some of my tours focus on birds while others have a more general nature orientation, but even on my birding tours, we do not fail to appreciate the other natural wonders we experience.

In 2016, I am offering birding trips to Costa Rica, March 21-April 4, and to Australia, November 1-18. In addition, there will be a January 30-February 8 Belize tour featuring a stay on an idyllic caye on Belize's barrier reef (second largest in the world), a visit to Lamanai Mayan Ruins, sunrise canoe excursions, toucans, howler monkeys, and a horse and buggy tour of a Mennonite community, ending with a delicious lunch at a Mennonite's home.

I have been fortunate to follow my passions vocationally, initially with reptiles and now with nature-based travel. My travels have taken me to Australia over twenty-five times and to Costa Rica more than a dozen times, almost all of these on occasions leading tours, as well as to over twenty-two other countries. I have many fond memories of both of these careers for which I am grateful. If you would like, please email ([toursbyturner@aol.com](mailto:toursbyturner@aol.com)) or call me 303-795-5128 for more information about these tours.

## Beware IRS Scam

Yvonne Barton via NextDoor.com

I have received 3 calls this week by a man with an accent claiming to be an IRS agent. A friend in Centennial has also received one of these calls. The impersonator says I am guilty of tax evasion and that unless I call him back immediately, he will be forced to file with the court to have me arrested. This impersonator has used the names Officer Pete Morgan and Officer Malvin Backer. This is a scam. Do NOT give him any information or money! You can file a report with the IRS Fraud Dept. by using Form 3949A downloaded from the internet at [www.irs.gov/forms](http://www.irs.gov/forms).

Nearly 20 people have commented on this post. The general consensus is that the IRS would not place a call to inform you of such information - they would send a letter. People have found that by confronting the caller as a scam, or letting the caller know they are recording the call, that the line goes dead very quickly. Thanks, neighbors on Nextdoor, for looking out for one another.

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### Southglenn Country Club

The Club had its first Concert on the Green on Sunday, June 28 when it hosted Eagles cover-band, The Long Run. There were 300-400 members and neighbors enjoying the show, the company, and the beautiful Colorado evening. Given the popularity, this could very well become an annual event!

We are pleased to announce our very popular Member Sponsorship Program is back again this year. Members have been encouraged to show support and pride in the club by sponsoring a friend, neighbor, or co-worker to an unlimited usage pro-rated membership. This win-win scenario not only introduces a new member to the club for an extremely reasonable price but also allows the Club to retain the new member for years to come. Through the Member Sponsorship Program, memberships start as low as \$300.00 for unlimited facility use until March 2016. Talk to a member about seeing the Club today.

If you would like any more information concerning memberships please contact us at the club, 303-798-1656.



### Thank You Neighbors!

Thank you, neighbors, for paying your dues this summer!

Arthur	Elledge	Martin/Turner	Saunier
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Backes	Engerman	Mead	Schmitt
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Barrett	Ferguson	Moulton	Smith
Bennetts	Fields	Mountz	Stillwagon
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Chartrand	Johnson	Powell	Welsh
Cohen	Johnson	Quesada	Whisenand
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# SOUTHGLENN 2015 Market Statistics

## Homes *FOR SALE* in Southglenn June 16, 2015 - July 16, 2015

Style	Lowest	Highest	SqFt	How Many?
Ranch	\$360,000	\$450,000	1551-1884	3
2 Story	\$378,900	\$402,500	2204-2488	2
Bi-Level				0
Tri-Level/Multi Level	\$375,000	\$489,966	1899-3248	2

## Homes *UNDER CONTRACT* in Southglenn June 16, 2015– July 16, 2015

Style	Lowest	Highest	SqFt	How Many?
Ranch	\$350,000	\$364,900	1474-1625	4
2 Story	\$375,000	\$425,000	2296-2342	2
Bi-Level				0
Tri-Level/Multi Level	\$338,000	\$385,000	1687-2295	2

## Homes *SOLD* in Southglenn June 16, 2015– July 16, 2015

Style	Lowest	Highest	SqFt	How Many?
Ranch	\$300,000	\$399,100	1144-1946	3
2 Story		\$429,000	2532	1
Bi-Level	\$347,792	\$385,000	1080-1390	3
Tri-Level/Multi Level	\$360,000	\$425,000	1264-2440	6

*If you are thinking of selling this year, PLEASE call me! Don't miss out on this seller's market!*

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Based on information from Metrolist, Inc. for the period of 06/16/2015 through 07/16/2015. This representation is based in whole or in part on data supplied by Metrolist, Inc. Metrolist does not guarantee nor is in any way responsible for its accuracy. Data maintained by Metrolist may not reflect all real estate activity in the market.

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**Call me for a free market analysis on your home!**

## Find The Harmony Between Your Work And Your Family

Many of us struggle to balance the demands of our jobs and our family. Work is important, but so is a healthy personal life. Stay productive at work and happy at home with this advice:

- Start your day with gratitude. Between shutting off the alarm and leaping out of bed, spend a few minutes thinking about what you have to be grateful for—your family, good health, a paying job, etc. This will put you in a better frame of mind to start your day.
- Go on a date. Take your spouse out on a date once a week or so. Concentrate on each other, not on work or the stresses of family life. If you're not married, make a point of going out with friends on a regular basis.
- Use your lunch hour. Get away from your desk when you eat lunch. Don't just spend it running errands, either. Go out with friends, or your spouse if possible. Work out or just take a walk. You'll return feeling refreshed and ready for the rest of the day.
- Set clear boundaries. When you're at work, concentrate on your job. When you're at home, focus on the people around you. Don't let one affect the other, or you'll never get a chance to recharge from either.
- Find a hobby. Many people have trouble disconnecting from work because they have nothing interesting to do outside the office. Review your interests, talk to your family and friends, and try different activities until you find something you really like that will pull you out of the workplace mindset.

## Citizens Academy

David C Walcher, Sheriff

I would like to invite you to participate in a very exciting and unique opportunity. The Arapahoe County Sheriff's Office will be conducting a series of citizen public safety academies throughout 2015. These academies are designed to provide you with a "behind the scenes" look at your Sheriff's Office. Building upon the principles of Community Oriented Policing, Partnerships and Problem Solving, the Sheriff's Office began conducting these academies in 1995. Today we provide these informative academies for citizens.

The academy is held at the Arapahoe County Sheriff's Office located at 13101 East Broncos Parkway in Centennial. Participation in the academy requires a commitment of two nights per week, 6 to 9 p.m., for the five-week period, and two Saturdays. There is no fee for the academy, but each academy is limited to 30 participants, 21 years of age or older. Food is provided during each class.

This fall's academy begins September 1. Schedule is for every Tuesday and Thursday from 6 to 9 p.m. and each Saturday, September 12, and September 26, from 8 a.m. to 4 p.m. A graduation ceremony will take place on September 29, 2015 at 6 p.m. If you are interested in attending this academy, please call Deputy Brian McKnight at 720-874-3750.

*"No amount of experimentation can ever prove me right; a single experiment can prove me wrong."*

—Albert Einstein

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## METRO DENVER FARMERS' MARKET

### MARKET ON YOUR CALENDAR

<p><b>Saturdays</b> <b>SOUTHWEST PLAZA</b> MAY 2 - OCTOBER 31 Southeast Parking Lot Wadsworth &amp; Bowles 8am-2pm or Sellout</p>	<p><b>Saturdays</b> <b>LAKWOOD</b> JUNE 27 - SEPTEMBER 26 9077 W Alameda Ave Alameda &amp; Garrison (Mile Hi Church) 10am-2pm or Sellout</p>
<p><b>Sundays</b> <b>HIGHLANDS RANCH</b> MAY 3 - NOVEMBER 1 Highlands Ranch Town Center 9288 Dorchester St. 10am-2pm or Sellout</p>	
<p><b>Wednesdays</b> <b>LITTLETON</b> JUNE 17 - OCTOBER 28 Aspen Grove Lifestyle Ctr. 7301 S. Santa Fe Dr. 10am-2pm or Sellout</p>	<p><b>Thursdays</b> <b>WHEAT RIDGE</b> JUNE 18 - OCTOBER 29 4252 Wadsworth Blvd. 10am-2pm or Sellout</p>

For more information call the  
Metro Denver Farmers' Market Hotline

**303-887-FARM**

www.denverfarmersmarket.com



### Copy The Secrets of Steve Jobs' Success

Steve Jobs was a controversial figure throughout his life, but few can argue with his impact and success. Whatever your ambitions, his approach to work can help you find your own path to the top. Here's some of what he believed:

- Find your passion. Jobs once offered this advice to would-be entrepreneurs in search of something to focus on: "I'd get a job as a busboy or something until I figured out what I was really passionate about."
- Make connections. Known chiefly for his achievements in technology, Jobs also studied calligraphy and traveled to India and Japan in search of ideas, broadening his thinking and stretching his mind.
- Learn to say no. Don't overextend yourself. One of Jobs' first acts when returning to Apple in 1977 was to streamline its product line, cutting it from 350 products to just 10 so the best people could use their talents on only the most promising projects.
- Sell the dream. Jobs didn't sell computers, he sold what the computers could do—how they could make people's lives better. Keep this in mind when telling customers why they should do business with you.
- Communicate. Apple's product announcements were legendary for their theatricality and for Jobs' talents as a showman. He stuck to his core message while educating and entertaining the public.

### Not Just Beer and Pizza Anymore? Students Healthier Than You Think

The stereotype of college students sitting around the dorm munching chips and watching videos may not be accurate, according to the Student Health Guide study of 5,000 students conducted by the Steroidal website. Take exercise, for example: Among the students surveyed, 47 percent said they exercise about once a day, and 35 percent report exercising a couple of times a week; only 1 percent said they "almost never" exercise.

The news is positive in nutrition as well: Sixty-one percent said they make a conscious effort to eat organic foods, and 37 percent almost always check out nutrition information on the labels on grocery items. In addition, 66 percent reported that they pay attention to their calorie consumption, and 69 percent watch their sugar intake.

### Teen Services

To add your teen's name, please call **Dale Rottschafer** at **303-761-4539** and leave the following information: your name, age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting \* **Red Cross Cert.** for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. You must be a dues paying member of the Southglenn Civic Association to have your name listed. *No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.*

Ellie B.	14	B*/P
Ella C.	13	B*
Rose C.	15	B*/P
Ashton H.	12	B*/P
Sadie H.	15	B*/P
Lily K.	13	P
Sierra K.	14	B*/P
Matthew N.	15	B*/S
Riley R.		
Cale S.		
Nicholas S.	15	L/S
Bohdan T.	14	L/S



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### Prepare Your Child For The First Day of School

Getting your children off on the right foot when they start school helps set the tone for their academic success. These suggestions from the American Academy of Pediatrics can help you prepare your kids for their first day of school and a successful school year:

- Calm their fears. Let them know that feeling nervous about the first day of school is normal. Encourage them to talk about their feelings, and listen sympathetically.
- Focus on the positives. Be upbeat about what to expect without building up unrealistic hopes about how great the school year will be. Remind them that they'll make friends and that teachers are there to help them.
- Visit the school. This helps young children become familiar and comfortable with the school. If possible, try to meet with your kids' teachers.
- Enlist a neighborhood child to serve as a buddy. If your neighborhood has children who attend the same school as your child, get them to travel together. On the first few days of school, though, walk with your children to the bus stop or to school.
- Review safety rules. Go over safety measures regarding traffic and strangers.

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### The Right Diet May Guard Against Dementia

Could the right diet lower your risk of developing Alzheimer's disease? Maybe, according to an article on the MedicineNet website—although the results aren't conclusive yet. A study of adults who closely followed a combination of two well-known diet plans, the Mediterranean diet and the DASH diet, found that subjects had a 53 percent lower risk of being diagnosed with Alzheimer's. Other subjects who stuck to the diet only moderately well saw their risk drop approximately 35 percent.

The combination diet plan, known as the MIND diet, emphasizes healthy grains, vegetables, beans, poultry, and fish, along with a limited amount of red meat, butter, and sweets. Researchers have noted that other factors, like smoking history, regular exercise, and challenging activities like Sudoku or crossword puzzles, have also contributed to diet followers' results.

On the other hand, both the Mediterranean and DASH diets are believed to be effective at preventing heart disease, making them a healthy choice for other reasons.

### Care For Your Pet In Hot Weather

The dog days of summer can pose a serious threat to your pet's health. The Humane Society of the United States offers these guidelines to pet owners for keeping their furry friends safe this summer:

- Never leave your pet in the car. During warm weather, the inside of your car can reach 120 degrees in a matter of minutes, even if you're parked in the shade. Pets who are left in hot cars even briefly can suffer from heat exhaustion, heat stroke, and brain damage.
- Keep an eye on the water. Always supervise a pet in a pool. Provide plenty of water and shade for your pets while they're enjoying the great outdoors so they can stay cool.
- Limit exercise. On hot days, take pets out only in early morning or evening hours. Hot asphalt can burn their paws. Pets can get sunburned, too, and your pet may require sunscreen on his or her nose and ear tips.
- Watch for danger signs. The signs of heat stress include heavy panting, glazed eyes, a rapid pulse, unsteadiness, a staggering gait, vomiting, or a deep red or purple tongue. If your pet does become overheated, move him or her into the shade and apply cool (not cold) water over his or her body. Let your pet drink small amounts of water or lick ice cubes. If necessary, get him to a veterinarian immediately.



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